Clear Form

Quarantine Tracking Log (Revised 03-30-20)

- Quarantines are for individuals who have been exposed to COVID-19 but are not symptomatic.
- Exposure is defined as close contact of less than 6 feet with an individual with COVID-19 for more than 10 minutes.
- Quarantine period = 14 days
  - For essential health care workers (HCW) during critical workforce shortages, HCWs may quarantine for 7 days, and then quarantine at work for the remaining 7 days with a facemask.
- If individuals develop symptoms during the quarantine period, then they need to go into isolation.

Date	Name	Date of Exposure	Quarantine		Did Symptoms Develop During Quarantine Period?		Date of Discharge from Quarantine
			Initiation Date	Projected Completion Date	No	Yes	
					☐ Quarantine completed after 14 days	☐ Transferred to Isolation	
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